











-  1. **Embrace[®]** - Practice loving kindness with self and other.
-  2. **Inspire[®]** - Faith and hope. Being authentically present.
-  3. **Trust[®]** - Self and others. Nurture individual beliefs, personal growth, and practices.
-  4. **Nurture[®]** - Developing authentic trusting caring relationships.
-  5. **Forgive[®]** - Accept positive-negative feelings. Authentically listen to another's story.
-  6. **Deepen[®]** - Scientific methods for caring decision making.
-  7. **Balance[®]** - Teaching and learning to address individual needs, readiness, and learning styles.
-  8. **Co-create[®]** - Healing environment for the whole person which respects human dignity.
-  9. **Minister[®]** - To basic physical, emotional, and spiritual human needs.
-  10. **Open[®]** - To mystery and allow miracles to enter.